

KANSAS CITY

HEALTH STATS

2026



KC HEALTH
COLLABORATIVE



A Community Scorecard for the Commercially Insured Population

Presented by KC Health Collaborative using data from the Missouri Health Value Collaborative

KC Health Collaborative is committed to advancing transparency in healthcare delivery and improving health outcomes through data sharing. The 2026 Kansas City Health Stats Scorecard provides a look into healthcare utilization data, outcomes, and trends in the region from the past two years. The scorecard includes an updated snapshot of healthcare utilization, quality, affordability, and population health among approximately 300,000 commercially insured Kansas City-area residents age 64 and younger.

Based on commercial medical and pharmacy claims from 2022 through 2025, the scorecard is intended to serve as a community benchmark rather than a comprehensive analysis of the Kansas City region. It does not include Medicare or Medicaid populations; instead, it offers a view of trends within a large commercially insured population over time.

Developed in partnership with the Missouri Health Value Collaborative (MHVC), the scorecard helps employers, healthcare providers, policymakers, and community leaders identify opportunities to improve health outcomes and better understand regional healthcare trends.

Every community benefits from reliable information about where it's making progress and where it needs additional attention. By using the data to better understand where we've made progress and where opportunities remain, we can bring together employers, healthcare organizations, and community partners to identify practical solutions that improve health outcomes for everyone.

Healthier people lead to stronger communities, increased productivity, and greater economic vitality. Together, we can use this information to help turn conversation into action and create a healthier and more equitable Kansas City.



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POPULATION HEALTH

Commercially Insured Kansas Citizens 64 and Under

INDICATORS	2022	2023	2024	2025	Compound Annual Growth (2022 - 2025)
Average Age of Population	37	37	38	39	1.4%
% of Population Diagnosed With a Chronic Illness					
Asthma & COPD	4.9%	4.9%	4.8%	4.8%	-0.4%
Diabetes	6.5%	6.8%	6.8%	6.9%	2.0%
Arthritis	6.0%	6.1%	5.9%	5.6%	-2.2%
Hypertension	11.5%	11.8%	11.5%	11.7%	0.4%
Depression	6.7%	6.8%	6.8%	6.8%	0.5%
Migraine	2.5%	2.6%	2.6%	2.8%	4.0%
% of Population Diagnosed With Cancer					
Total Cancer Prevalence	2.6%	2.6%	2.6%	2.6%	0.3%
Lung Cancer	0.055%	0.048%	0.046%	0.050%	-3.0%
Breast Cancer	0.48%	0.48%	0.50%	0.50%	0.6%
Skin Cancer	0.68%	0.73%	0.78%	0.80%	▲ 5.4%

COST & AFFORDABILITY

INDICATORS	2022	2023	2024	2025	Compound Annual Growth (2022 - 2025)
Total Annual Spend (TAS) per Person*	\$6,505	\$7,658	\$9,707	\$10,870	▲ 18.7%
Medical Spend per Person	\$4,528	\$5,353	\$5,805	\$6,004	▲ 9.9%
Pharmacy Spend per Person	\$1,977	\$2,305	\$3,903	\$4,866	▲ 35.0%
People Per 100,000 with Total Annual Spend Over:					
\$50,000	1,624	1,995	2,768	3,086	▲ 23.8%
\$100,000	604	776	1,161	1,333	▲ 30.2%
\$250,000	136.2	199.0	292.2	338.5	▲ 35.5%
\$500,000	33.0	55.2	106.5	127.1	▲ 56.7%
\$1,000,000	4.1	8.6	17.2	24.1	▲ 80.9%
% of Population with No Claims	18.3%	19.9%	20.1%	20.8%	4.4%
% of the Population that Accounts for 50% of Annual Spend	2.9%	2.7%	2.6%	2.5%	-3.9%
% of the Population that Accounts for 80% of Annual Spend	13.0%	12.2%	12.4%	12.0%	-2.7%
TAS Per Person as a % of Kansas City MSA Per Capita Income**	15.4%	17.5%	22.2%	23.7%	▲ 15.5%

* Dollar amounts shown in this report are estimated using Milliman MedInsight Global RVUs and standardized price conversion factors derived from claim allowed amounts. While largely representative of the Kansas City commercially insured population's total spending, these amounts are sample estimates and should not be interpreted as exact dollar amounts.

** Calculated using available American Community Survey (ACS) Kansas City MSA estimates of per capita income from each prior calendar year



Compound Annual Growth Rates greater than 5.0% or less than -5.0% are marked with an arrow indicating the direction of change.



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CARE QUALITY

INDICATORS	2022	2023	2024	2025	Compound Annual Growth (2022 - 2025)
Effective Chronic Care Management					
Patients Readmitted to the Hospital in 30 Days for Any Reason	7.5%	8.9%	7.1%	7.1%	-1.6%
Ambulatory Care Sensitive Admissions Per 1,000 People †	1.9	2.0	1.9	2.0	1.1%
Asthma Patients with Appropriate Medication Management †	84.7%	85.1%	81.9%	86.3%	0.6%
Kidney Health Evaluation for Patients with Hypertension	18.9%	20.0%	21.5%	26.3%	▲ 11.7%
Diabetes Care					
Kidney Tests Performed (Nephropathy) †	45.4%	52.2%	55.7%	59.1%	▲ 9.2%
Cholesterol Test Performed	55.2%	56.6%	57.5%	57.1%	1.1%
Women's Health					
Breast Cancer Screening †	73.2%	73.5%	72.9%	71.0%	-1.0%
Chlamydia Screening †	41.7%	42.8%	41.4%	41.6%	-0.1%
Cervical Cancer Screening †	65.7%	66.3%	64.2%	63.6%	-1.1%
Deliveries Per 1,000 People	10.3	9.5	9.0	9.0	-4.2%
% of Total Deliveries by C-Section	31.1%	31.7%	30.0%	30.6%	-0.5%
% of Vaginal Birth After C-Section (VBAC) †	18.1%	15.2%	22.2%	20.2%	3.7%
% of NICU Stays Per Total Deliveries	6.5%	5.9%	7.1%	6.0%	-2.5%

PROFESSIONAL SERVICES

INDICATORS	2022	2023	2024	2025	Compound Annual Growth (2022 - 2025)
Primary Care Visits Per Person	2.3	2.5	2.8	2.8	▲ 6.1%
Specialist Visits Per Person	0.8	0.9	0.9	0.9	2.5%
Primary Care Professional Fees as a % of Total Spending	4.4%	4.2%	4.0%	3.7%	-5.5% ▼

† Indicates a standardized measure developed and maintained by a nationally recognized health care quality steward. For more information, please visit www.mhvcollaborative.org/health-stats



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UTILIZATION

INDICATORS	2022	2023	2024	2025	Compound Annual Growth (2022 - 2025)
Pharmacy					
Total Prescriptions Filled Per 100 People	1,062.8	1,067.8	1,078.1	1,075.5	0.4%
% of Prescriptions Filled with Generic Medication	87.3%	86.5%	87.5%	87.1%	-0.1%
Opioid Prescriptions Filled Per 100 People	25.1	23.5	21.3	20.5	-6.4% ▼
Urgent Care & Emergency Department (ED) Visits per 1,000 People					
Urgent Care Visits	258.4	248.3	236.7	214.2	-6.1% ▼
Total ED Visits	209.7	211.0	212.5	205.0	-0.7%
ED Visits - Admitted to Hospital	16.7	17.3	17.6	17.9	2.3%
ED Visits - Held for Observation	14.3	14.2	15.8	14.6	0.7%
ED Visits - Discharged Home	178.7	179.5	179.1	172.5	-1.2%
% of Potentially Avoidable ED Visits †	8.1%	8.9%	8.5%	7.8%	-1.3%
Imaging Utilization per 1,000 People					
X-Ray	898.6	891.7	893.5	891.1	-0.3%
Computed Tomography (CT)	165.5	182.8	197.4	211.6	▲ 8.5%
Magnetic Resonance Imaging (MRI)	99.0	110.7	116.8	126.5	▲ 8.5%
Positron Emission Tomography (PET)	7.6	9.2	10.2	11.1	▲ 13.3%
Appropriate Use of Imaging for Low Back Pain †	71.7%	72.6%	71.8%	69.8%	-0.9%
Surgical Procedures per 1,000 People					
Total Surgeries	169.6	171.8	176.0	167.1	-0.5%
Outpatient Surgeries	124.1	125.6	126.5	122.2	-0.5%
Heart Surgery: Coronary Artery Bypass Graft	5.1	5.5	4.8	4.7	-2.5%
Heart Surgery: Percutaneous Coronary Intervention	2.6	2.4	1.3	1.1	-24.0% ▼
Hip and Knee Replacements	7.6	8.4	8.2	8.3	2.9%
Hysterectomies	5.2	5.9	6.0	5.9	4.1%
% of Hysterectomies Performed Vaginally	92.8%	92.5%	91.2%	92.7%	0.0%
Acute Care					
Inpatient Discharges Per 1,000 People	48.0	46.1	43.8	43.4	-3.3%
Average Inpatient Length of Stay (Days)	4.4	4.3	4.6	4.4	0.1%

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ABOUT KC HEALTH COLLABORATIVE

KC Health Collaborative is a pioneering organization that brings together diverse stakeholders to drive healthcare innovation, improve population health, and promote health equity in the Kansas City region. By fostering collective impact, the Collaborative aims to transform healthcare delivery and create a healthier future for all residents.

Through partnership on this regional scorecard, KC Health Collaborative and MHVC seek to connect the State of Missouri to deepen shared understanding to drive improvements in the health of all Missourians.

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ABOUT THE INDICATORS

These indicators were chosen and refined with input from the Missouri Health Value Collaborative's leaders and partners representing hospitals, health plans, employers, labor unions, government, and the public. When applicable, MHVC uses standardized measures maintained by nationally recognized stewards such as Agency for Healthcare Research and Quality (AHRQ), Centers for Medicare & Medicaid Services (CMS), Healthcare Effectiveness Data and Information Set (HEDIS), and National Committee for Quality Assurance (NCQA).

ABOUT MISSOURI HEALTH VALUE COLLABORATIVE

Based in St. Louis, Missouri, The Missouri Health Value Collaborative (MHVC) brings together those who provide, pay for, and use health care to share knowledge and develop regional solutions for the problems that vex our health care system. As a nonprofit, regional health improvement collaborative, MHVC is dedicated to generating data insights that support multi-stakeholder collaboration for higher quality, more affordable health care. MHVC stewards Missouri's largest multi-payer commercial claims data warehouse, spanning the state of Missouri and its bordering metropolitan areas, including St. Louis and Kansas City.

ACKNOWLEDGEMENTS

The strength of MHVC sits with the collective power of its partners, when each works within their own spheres of influence to achieve change. MHVC is grateful for the support of its vision and work, made possible by its Champions for Health Care Value and Friends.

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- Bayer
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